

REPORT of 2022 FOR GIUSEPPE

and

RITA

RAIMONDO CHARITABLE TRUST



THE SUNSHINE CONCERTS 2022

After a break in 2021 due to the challenges of Covid restrictions, we resumed the Cape Town Baroque (CTB) travelling concerts program in 2022. They are now known as the Sunshine Concerts, and it was our 13th year of playing them.

Members of the string quartet were Odile Burden, Renee van der Westhuizen and Craig Williams on violin, Remi Ludick on viola, and Cheryl de Havilland on cello.

We played at the following homes:

Douglas Murray Home, Retreat; Adams Farm, Plumstead; Oasis Group Home, Kenwyn; Rosedon House, Rondebosch East; Woodside Home, Rondebosch East; Nazareth House, Cape Town.

The concerts were scheduled for quite late in the year which meant we could include some Christmas songs and carols. In response to our music, there was a lot of hearty singing, and we left happy faces at each venue we played at.

<u>Douglas Murray Home</u> is a residential facility providing care and safety for the aged and frail and we have played many concerts at this venue over the years. We were happily



welcomed at our first concert of the 2022 series. All the residents sat quietly listening to the mix of classical and Christmas music which we played, and they showed genuine appreciation for our visit. We left feeling we had made a difference to their day.

Adams Farm is a long-term residential care facility for women with intellectual disabilities.

We have played at Adams Farm on several occasions previously and the ladies become very excited when they heard we were to visit again. The concerts have become an important occasion for them, and they are always very enthusiastic with their clapping, singing and sometimes dancing. There are often many residents who like to make use of the occasion to give a thank you speech to us afterwards.

<u>Oasis Home</u>. This is one of two Oasis Group Homes in Cape Town. They provide a caring home environment for adults with intellectual disabilities and the residents are normally employed at the Oasis workshops.

We scheduled this concert to coincide with "International Day for Persons with Disabilities" and we were able to play outside in their garden. Many were very keen to hear and join in with our Christmas songs and it also reminded them that they would soon be going back to their family for Christmas. We left them in happy spirits and having

enjoyed our music.



Rosedon House is a residential facility for adults with Cerebral Palsy who are no longer able to live independently or with their families. The residents come from communities across the Western Cape and have varying degrees of cerebral palsy.

We played to about 50 residents and staff at this home. We learnt that they have weekly singing lessons at the home, and this meant they were keen to join in and sing with us whenever possible. They all listened attentively to our music.

<u>Woodside Special Care Centre</u> is a residential home caring for 80 profoundly intellectually and physically disabled residents. It a home of safety for its residents, all of whom require specialised care and are unable to remain within their family units.

In this concert there was a mix of mostly residents with some staff too. Initially they were very boisterous but became calmer as we played the music.

<u>Nazareth House</u> provides care for orphans, the elderly, and abandoned children as well as AIDS orphans. Their care homes for the aged focus on offering life with dignity and respect, whilst the children's homes provide specialised care for youth who have been abandoned, neglected, or are living with physical or intellectual disabilities.

Although the concert was planned to take place outside, the weather forced us to play inside. The Elsies River branch of Nazareth House is no longer functioning and so Cape Town is their main centre; this resulted in a big mix of all residents, including some in wheelchairs. They enjoyed our classical pieces and the opportunity to join in during the Christmas Carols.



Dear Cheryl & fellow quartet members,

We are writing to you today to thank you for the wonderful performance that you gifted our residents with. You truly set the tone for our Christmas spirit. In these difficult times, such kindness does not go unnoticed. Nazareth Care is dedicated to improving the plight of needy children and the elderly. Our kind-hearted donors are the driving force behind our organisation, and without the generosity and compassion of people such as yourself, we would not exist. Your donation has made a real difference in the lives of vulnerable people we care for. On behalf of everyone at Nazareth Care, we offer our sincere gratitude. We will remember you in our prayers. With our love and every blessing,

Megan Schilder, House Partnership Coordinator

In Conclusion

Music connects with people who may feel isolated or alone in a special way. At our concerts we saw the positive impact that they had made on the residents and staff, and it was heart-warming to experience this.

Sincere thanks to the G. and R. Raimondo Charitable Trust for their generous donation and support, and for the opportunity it gives us to serve and reach out to people in the Cape Town community.

Cheryl de Havilland
Cape Town Baroque Outreach Coordinator
www.ctbaroque.co.za
email: jdeh@jafrica.com

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