



This serves as a report back from Camerata Tinta Barocca Music Charitable Trust on the 'Sunshine Concerts' programme presented in 2017.



2017 PROGRAMME

With the funding this year we played a total of 7 concerts at the following homes:

1) **Nazareth House, Derry Street, Cape Town** (Monday 11th Dec).

This branch of Nazareth House caters for the elderly, infirm, and stroke victims, and many of its residents at the concert were in their 80's or 90's. They have limited mobility and physical capacity, and many suffer from dementia.

Our audience consisted of residents as well as some staff members. Although they were quite subdued while we played, they all clearly enjoyed the music.



- 2) **Nazareth House, Elsie's River** (Tuesday 12th Dec.) This branch of Nazareth House accommodates many old people who would otherwise be homeless. Some are physically challenged but otherwise in good form, and they were all extremely responsive to our program. We played a varied selection of music at all the venues and included a substantial Christmas theme. The Christmas songs went down extremely well, and amongst the Elsie's River residents there were some good singers. We received many compliments and we left feeling we had brightened their Christmas time with our music.



3) **Adam's Farm Home, Plumstead** (Monday 11th December)

Adam's Farm provides 24-hour residential care for intellectually disabled women. We were received as old friends at this home (it's the 3rd year we have played for them) and many of their faces were familiar to us. They are a group of lively women: they clapped, sang and chirped along to our music and were generally very happy to see us again. They also sang the Christmas Carols with great enthusiasm and asked for more at the end and we were happy to oblige!

dear Friends,

Once again, our ladies were enthralled listening to your performance yesterday How privileged we are to have you to play such an enjoyable concert for the ladies.

Thank you very much indeed for giving of your time and expertise to entertain the ladies in this way. They are never exposed to 'good' music and Matron has reported how much they enjoyed the afternoon.

With our very grateful thanks and best wishes for the festive season,

Kind regards,

P D Baudains (Mrs)

Administrator Adam's Farm Home



4) **Woodside Special Care Centre, Rondebosch** (Wednesday 13th December)

Woodside Home provides care for multi-disabled children and young adults, many of whom have been previously abandoned or orphaned. There were about 30 patients plus about 8 staff members, some of whom were overseas volunteers. All the patients had to be either wheeled in or used a special device to manoeuvre themselves into the room we played in. They were mostly very excited and vocal, and it was hard to communicate with them verbally, but they became quieter and calmer as we played. The staff commented on this after our concert and said this was the result of their enjoying our music as it clearly had a positive effect on their mood.

5) **Douglas Murray Home for the Aged, Retreat** (Monday 18th Dec)

The Douglas Murray Home provides care for the frail and aged, and it homes about 70 residents, many of whom come from very poor and disadvantaged backgrounds. We have played at this home every year since the start of our Sunshine concerts in 2009 and we are now welcomed back as friends at the home.

The highlight of our concert this year for the residents were our Christmas Carols, and they enjoyed singing along with us.

Dear Friends

On behalf of the residents and staff at the Douglas Murray Home for the Aged we want to extend our heartfelt thanks and appreciation to you for entertaining our residents with beautiful music at the home. In these tough economic times that we are operating in, we really value and appreciate every single act of kindness and show of support.

Your generosity and kindness is much appreciated.

God Bless and do have a beautiful day.

Warm regards

Esme Fortuin

Telefundraiser Douglas Murray Home for the Aged

6) **Helen Keller Society, Pinelands** (Tuesday 19th December).

Helen Keller offers independent and assisted living and specialises in low vision services for the visually impaired. There was a large crowd at this concert and the feedback we got was that it was the highlight of their year! Many of the staff members came to listen and again the singing of the carols was enthusiastically enjoyed.

7) **Rosedon House, Rondebosch East** (Tuesday 19th December)

This is a residential home for adults with cerebral palsy. Again, we received an extremely enthusiastic response to our music and it was evident that they relaxed as the concert went along. All the audience loved being asked to sing!



Good afternoon Cheryl,

On behalf of the residents at Rosedon House I wish to thank you all for an AWESOME!! sound that echoed throughout the building.

We appreciate your willingness to play for us. The people thoroughly enjoyed it....

It was truly a WOW moment for them.

Mary Dooling

Assistant Manager

Rosedon House

In conclusion:

Our series of "Sunshine concerts" was again very successful. Christmas time can be a challenging time for many, and we felt that our Christmas theme, with the inclusion of Carols, was very well received and felt that we cheered many.



We are very grateful to the G and R Raimondo Charitable Trust for their ongoing generous donation, and for the opportunity it gives us to reach many challenged and struggling people around Cape Town.

Cheryl de Havilland

Camerata Tinto Barocca Outreach Coordinator

www.ctbaroque.co.za

28th March 2018